

PARAMETERS	<i><u>WHO GUIDELINES</u></i>	<i><u>ISH GUIDELINES</u></i>
BP TARGETS TO BE ACHIEVED	Similarities: <ul style="list-style-type: none"> • For patients without comorbidities: Target BP of <140/90 mm Hg • For patients with comorbidities + high CV risk: Target SBP of <130 mm Hg 	
	<ul style="list-style-type: none"> • No target duration for achieving BP control defined • Office BP targets in hypertensives: <ul style="list-style-type: none"> – Without comorbidities: <140/90 mm Hg – With known CVD or high-risk populations: <130 mm Hg 	<ul style="list-style-type: none"> • Aim BP control within 3 months of pharmacological initiation • Office BP targets: Reduction by ≥20/10 mm Hg or to <140/90 mm Hg <ul style="list-style-type: none"> – For <65 years: 121–129/71–79 mm Hg – For ≥65 years: <140/90 mm Hg
REASSESSMENT/ FOLLOW-UP	Monthly reassessment of BP after initiating BP-lowering therapy; after BP is controlled, follow-up every 3–6 months	No recommendations on the follow-up frequency

ABBREVIATIONS:
BP, blood pressure; CV, cardiovascular; CVD, CV disease; ISH, International Society of Hypertension; SBP, systolic blood pressure; WHO, World Health Organization.