

PARAMETERS	<u>WHO GUIDELINES</u>	<u>ISH GUIDELINES</u>
DEFINITION OF HYPERTENSION	Defined by systolic and diastolic BP and reported use of antihypertensives	Office BP reading of >140/90 mm Hg
CLASSIFICATION OF BP	<ul style="list-style-type: none">• Not classified• Does not address BP measurement and diagnosis of hypertension	<p>Classified in to four categories:</p> <ul style="list-style-type: none">• Normal (<130/85 mm Hg)• High normal (130–139/85–89 mm Hg)• Grade 1 hypertension (140–159/90–99 mm Hg)• Grade 2 hypertension (≥160/100 mm Hg)

ABBREVIATIONS:
BP, blood pressure; ISH, International Society of Hypertension; WHO, Wold Health Organization.