

PARAMETERS	<i><u>WHO GUIDELINES</u></i>	<i><u>ISH GUIDELINES</u></i>
MANAGEMENT OF POPULATION WITHOUT CV RISK	Start antihypertensives in those without CV risk, and BP ≥140/90 mm Hg	<ul style="list-style-type: none">• Lifestyle interventions recommended for those without CV risk, and BP ≥140/90 mm Hg• Antihypertensives recommended in grade 2 hypertensives with BP ≥160/100 mm hg
INDICATION TO INITIATE ANTIHYPERTENSIVES IN HIGH-RISK POPULATION	SBP of 130–139 mm Hg	Grade 1 hypertension (140/90–159/99 mm Hg)

ABBREVIATIONS:
BP, blood pressure; CV, cardiovascular; ISH, International Society of Hypertension; SBP, systolic blood pressure; WHO, World Health Organization.