

PARAMETERS	<i><u>WHO GUIDELINES</u></i>	<i><u>ISH GUIDELINES</u></i>
OUT-OF-OFFICE BP MEASUREMENTS	<ul style="list-style-type: none">• Do not discuss out-of-office BP measurements or explain WCH and MH• Suggest a conditional recommendation for home-based self-care• Suggest that ABPM may pose as an economic barrier in the initiation of pharmacological treatment in less-resourced settings	<ul style="list-style-type: none">• ABPM and home-based BP measurements are recommended whenever possible, especially warranted for patients with high-normal BP to grade 1 hypertension, if feasible• In combination with office BP measurements, WCH and MH can be detected

ABBREVIATIONS:
ABPM, ambulatory blood pressure measurements; BP, blood pressure; ISH, International Society of Hypertension; MH, masked hypertension; WCH, white coat hypertension; WHO, World Health Organization.